

FAMILY

Wellbeing Programs



"Children still need a childhood with dirt, mud, puddles, trees, sticks and tadpoles" Brook Hampton

Nature Play

- Unstructured child-led exploration of outdoor spaces
- Sensory play eg. potion making, creek play
- Physical challenges eg. cubby making, tree climbing

Creative Activities

- Nature arts and crafts, eg. printing, sketching, weaving, papermaking, clay
- Poetry / writing inspired by nature

Social Connection

- Options for solo play and group games
- Sharing experiences with other families who enjoy being outdoors
- 100% green time not screen time!

- Facilitated by an Occupational Therapist and Social Worker
- We tailor our nature-based Wellbeing programs to meet the needs of participants.
- Come to our beautiful garden space in Waterfall Gully or we can bring our program to a nature space near you.
- Affordable pricing

ENQUIRE NOW

- Steph 0491 042 826
- www.goodnaturedconnections.com.au

