



Strong Saplings

Four session program for 5 – 12 yo

**Are you worried about your child's development?
Do they play and socialise in limited ways?**

Engaging in our nature-based psychosocial group programs will help support NDIS goals around self and emotional regulation, social and cognitive skills, physical development, spending time outside and building resilience.

Our two Allied Health staff will support children as they:

- Collaboratively play and build using natural materials, attempt physical challenges and connect with nature through creative activities.
- Tune into their senses, practice positive strategies to relate to others and to regulate their emotions.

Strong Saplings

Our Nature-Based Play and Skill Development Program for 5 – 12 year olds is held in our private, natural garden in Waterfall Gully (Max. 6 participants).

**A 4 session Program of Support: Fortnightly Saturdays
Term 2: 7th May, 21st May, 4th June and 18th June, 2022**

Cost \$300

Capacity Building # 15_005_0118_1_3 or # 15_056_0128_1_3



Enquire Now – Limited Places Available

Steph Wheaton Occupational Therapist – 0491 042 826

hello@goodnaturedconnections.com.au

www.goodnaturedconnections.com.au